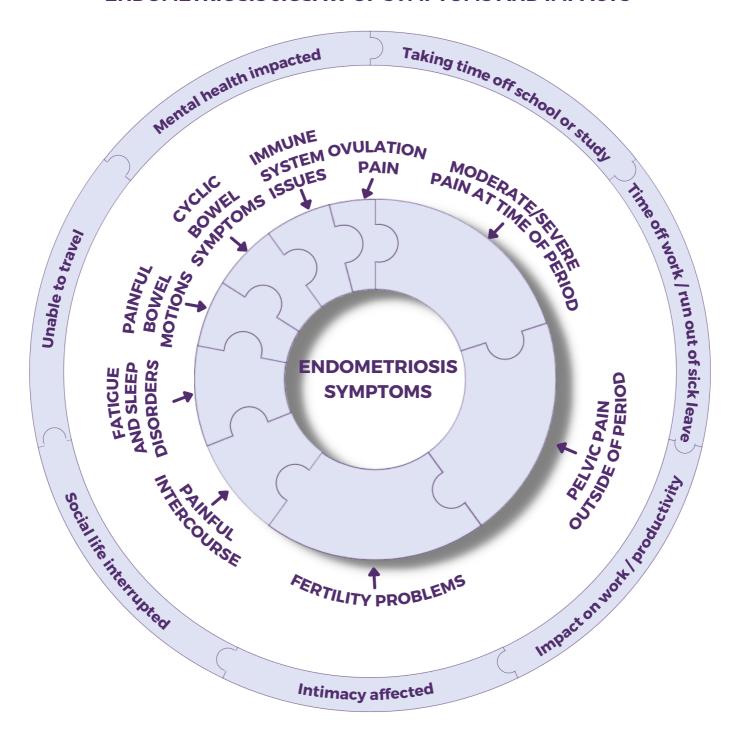


ENDOMETRIOSIS JIGSAW OF SYMPTOMS AND IMPACTS



ENDOMETRIOSIS HAS A COLLECTION OF SYMPTOMS AND WIDE IMPACTS.

COLOUR IN THE SYMPTOMS YOU EXPERIENCE AND THE IMPACTS ON YOUR LIFE.

THE MORE PIECES COLOURED IN THE MORE LIKELY YOU ARE TO HAVE ENDOMETRIOSIS.

ULTRASOUND IMAGING CAN BE USEFUL, HOWEVER A NORMAL ULTRASOUND DOES NOT EXCLUDE A DIAGNOSIS OF ENDOMETRIOSIS
JIGSAW PIECE SIZING REPRESENTS THE MOST COMMON SYMPTOMS BASED ON RESEARCH

REFERENCES:

- https://bmcwomenshealth.biomedcentral.com/articles/10.1186/s12905-020-01139-7
- $https://www.researchgate.net/publication/330190013_Clinical_diagnosis_of_endometriosis_a_call_to_action$
- https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2939902/
- 2023 Insight Endometriosis



Note		



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INSIGHT ENDOMETRIOSIS INFORMATION GUIDES

Indight Endometriosis has the following information guides available on the website:

- Endometriosis Information Guide
- Adenomyosis Information Guide
- Diagnosing Endometriosis in NZ Information Guide
- Surgery and Hormonal Management for Endometriosis in NZ Information Guide
- Endometriosis Pain and Pain Management Information Guide
- Complementary Therapies and Lifestyle Changes for Endometriosis Information Guide
- Fertility and Endometriosis in NZ Information Guide
- Mental Well-Being and Self-Care with Endometriosis Information Guide
- Talking About Endometriosis with the People in Your Life Information Guide
- Self-Advocacy with Medical Professionals When You Have Endometriosis Information Guide
- Conditions Related to Endometriosis Information Guide



NEED MORE INFORMATION OR SUPPORT?

Visit our website to:

- Book a free/koha-based appointment with our Educator, by zoom, phone, or at our Hamilton office
- Register for a "Let's Talk About....' webinar session
- Join an Endo Meet-Up with other people with Endometriosis (suspected or diagnosed)

CONTACT US

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Email: info@insightendometriosis.org.nz

Call: 07 855 5123

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