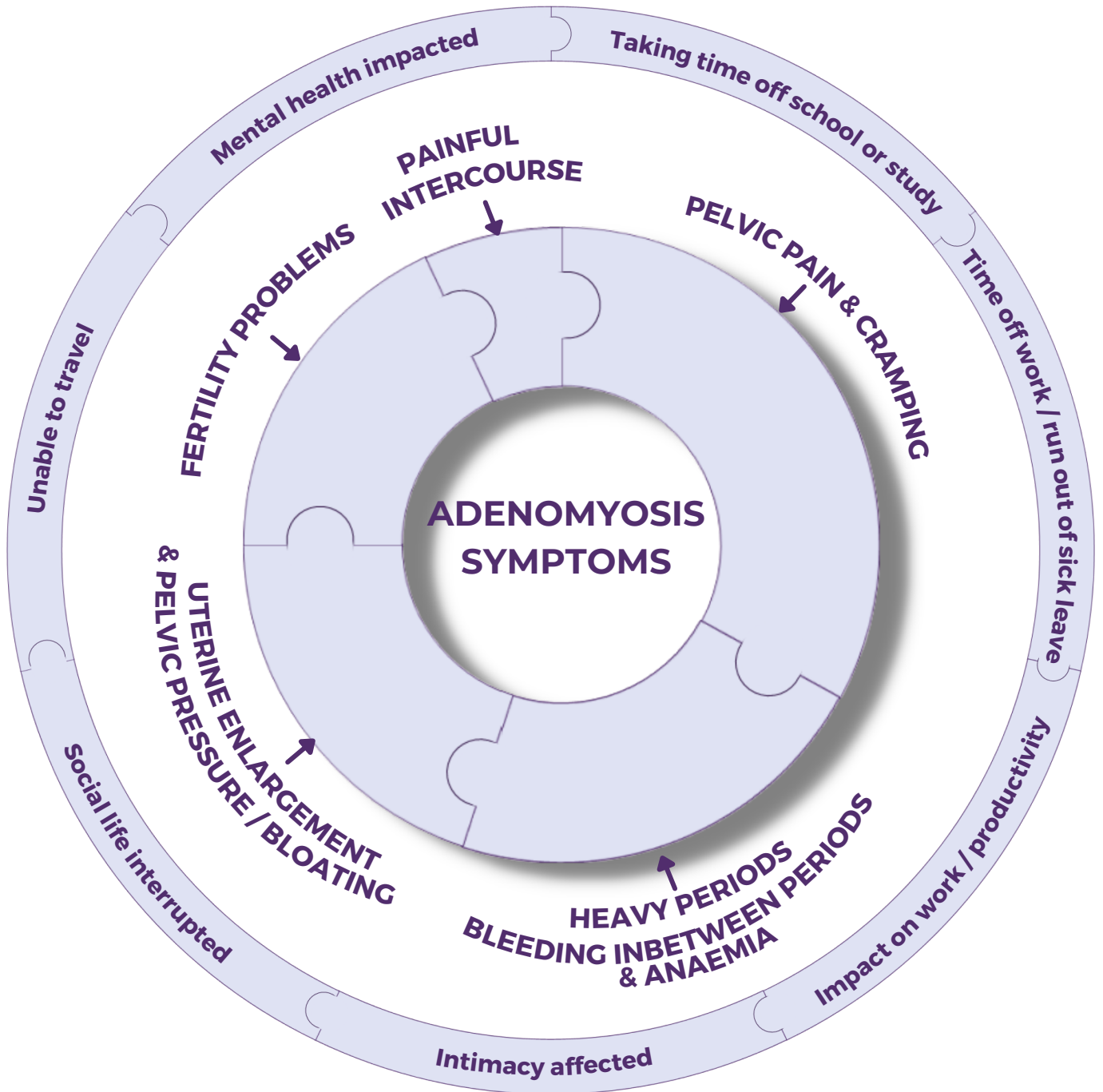




# JIGSAW OF ADENOMYOSIS SYMPTOMS

# ADENOMYOSIS JIGSAW OF SYMPTOMS AND IMPACTS



**ADENOMYOSIS HAS A COLLECTION OF SYMPTOMS AND WIDE IMPACTS. COLOUR IN THE SYMPTOMS YOU EXPERIENCE AND THE IMPACTS ON YOUR LIFE. THE MORE PIECES COLOURED IN THE MORE LIKELY YOU ARE TO HAVE ADENOMYOSIS.**

ADENOMYOSIS MAY SHOW AS A 'BULKY' OR 'ENLARGED' UTERUS ON ULTRASOUND

JIGSAW PIECE SIZING REPRESENTS THE MOST COMMON SYMPTOMS BASED ON RESEARCH

REFERENCES:

- <https://link.springer.com/book/10.1007%2F978-981-33-4095-4>

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# INSIGHT ENDOMETRIOSIS INFORMATION GUIDES

Insight Endometriosis has the following information guides available on the website:

- Endometriosis Information Guide
- Adenomyosis Information Guide
- Diagnosing Endometriosis in NZ Information Guide
- Surgery and Hormonal Management for Endometriosis in NZ Information Guide
- Endometriosis Pain and Pain Management Information Guide
- Complementary Therapies and Lifestyle Changes for Endometriosis Information Guide
- Fertility and Endometriosis in NZ Information Guide
- Mental Well-Being and Self-Care with Endometriosis Information Guide
- Talking About Endometriosis with the People in Your Life Information Guide
- Self-Advocacy with Medical Professionals When You Have Endometriosis Information Guide
- Conditions Related to Endometriosis Information Guide



## NEED MORE INFORMATION OR SUPPORT?

Visit our website to:

- Book a free/koha-based appointment with our Educator, by zoom, phone, or at our Hamilton office
- Register for a "Let's Talk About..." webinar session
- Join an Endo Meet-Up with other people with Endometriosis (suspected or diagnosed)

## CONTACT US

Visit: [www.insightendometriosis.org.nz](http://www.insightendometriosis.org.nz)

Email: [info@insightendometriosis.org.nz](mailto:info@insightendometriosis.org.nz)

Call: 07 855 5123



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