

# Surgery Packing List

- Loose fitting pj's or nighty
- Bigger size underwear
- Socks or slippers
- Dressing gown
- Regular medications
- Toothbrush and toothpaste
- Deodrant
- Face wash
- Body wash
- Hair products - hair ties (no metal for surgery), a hairbrush, dry shampoo
- Makeup / baby wipes
- Menstruation pads
- Lip balm
- Throat lozenges
- Phone and charger (long cord)
- Headphones
- Ear plugs
- Eye mask
- Drink bottle
- Snacks
- Entertainment - laptop, books, colouring

